

USDA Foreign Agricultural Service

# GAIN Report

Global Agricultural Information Network

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**Date:** 10/26/2016

**GAIN Report Number:** CA16044

## Canada

**Post:** Ottawa

## Canada Announces Revision of the Food Guide

**Report Categories:**

Policy and Program Announcements

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**Report Highlights:**

Health Canada opened consultations on the revision of the country's Food Guide. Interested stakeholders are invited to provide their views by December 8, 2016.

## General Information:

The federal government recently announced that Health Canada has started a process to [revise Canada's Food Guide](#) to “reflect the latest scientific evidence on diet and health, and to better support Canadians, including Indigenous peoples, in making healthy food choices”.

As part of the Food Guide revision, Health Canada also launched a [consultation process](#), which will run to December 8. Interested stakeholders are encouraged to provide their comments on line.

This revision is part of a multi-year [Healthy Eating Strategy](#). As part of the Strategy, Health Canada indicates it will use every tool at its disposal - legislation, regulation, guidance and education - to create conditions to support healthy eating.

In addition to revising Canada's Food Guide, the Healthy Eating Strategy outlines how Health Canada will achieve the commitments set out in the Prime Minister's [mandate letter](#) to the Minister of Health related to sodium, trans fat, sugars, food colors, marketing to children, and the Nutrition North Program. Health Canada will continue to engage with stakeholders and experts to further refine the strategy as it moves forward.

## Related Links:

- [Backgrounder on the Revision of Canada's Food Guide](#)
- [Backgrounder on the Healthy Eating Strategy](#)
- [Backgrounder on Front-of-Package Labelling](#)
- [Backgrounder on the Vision for a Healthy Canada](#)
- [Vision for a Healthy Canada](#)
- [Evidence Review for Dietary Guidance](#)
- [Healthy Eating Strategy](#)