

USDA Foreign Agricultural Service

# GAIN Report

Global Agricultural Information Network

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**Date:** 11/15/2016

**GAIN Report Number:** CA16048

## Canada

**Post:** Ottawa

## Health Canada Consults on Front-of-Package Nutrition Labeling

### **Report Categories:**

Policy and Program Announcements  
Sanitary/Phytosanitary/Food Safety  
Retail Foods

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### **Report Highlights:**

Health Canada opened consultations for comments on proposed changes to front-of-package nutrition labelling. Food companies will have to change food labels to include the front-of-package symbols meant to emphasize that those products have a lower content in nutrients of health concern, like sugars, sodium and saturated fat. Comments by stakeholders are due by January 13, 2017.

## General Information:

Health Canada is proposing mandatory front-of-package labelling for foods high in nutrients that are a public health concern. These nutrients are:

- sugars
- sodium
- saturated fat

The consultation period opened on November 14, 2016, and interested stakeholders are encouraged to submit comments by January 13, 2017. In particular, Health Canada would like to receive input on:

- warnings for foods high in sodium, sugars and/or saturated fat
- updates to nutrient content claims and other nutrition-related statements
- nutrient levels (thresholds) used to identify if a product is high in sodium, sugars and/or saturated fat
- foods containing sweeteners

There are 2 ways to participate in these consultations:

- Complete the [consumer questionnaire](#), which has background information and 8 questions.
- Review the [consultation document](#) and complete the [technical questionnaire](#), which has 15 questions.

For more information, please visit this [link](#).